



**EMPLOYEE MEDICAL HEALTH PLAN OF SUFFOLK COUNTY (EMHP)
HEALTH BENEFITS ANNUAL OPEN ENROLLMENT PERIOD
October 15, 2024 through November 15, 2024**

It's that time of year to think about your health benefits! Do you want to enroll in health benefits if you currently do not have them? Or maybe you want to waive your benefits because you have health benefits available elsewhere, excluding Marketplace based coverage? You can also add a dependent child or spouse/domestic partner during this Open Enrollment period.

Here is how you do it....

HOW TO ENROLL OR DISENROLL (WAIVER OF BENEFITS) DURING OPEN ENROLLMENT

To enroll or dis-enroll from your health benefits during OPEN ENROLLMENT, you can go to www.emhp.org – “Featured Items Section – OPEN ENROLLMENT.” You will find instructions to enroll or dis-enroll from the Employee Medical Health Plan of Suffolk County (EMHP) and will have access to the Health Benefits Transaction form. The form must be used for enrollment or disenrollment (waiver of benefits). You must print the form, complete it and mail it to EBU at the address on the form.

Did you know that you can have your health benefits contribution amount deducted pre-tax through the County's Flex Benefit Program?

Beginning January 1, 2025, employees enrolled in the EMHP health benefits must contribute 2.5% of their base salary towards the cost of their health benefits. Contributions will be no less than \$1,500 and no more than \$3,750 per year, as established by collective bargaining. Please be advised the health benefits contribution shall be made via payroll deductions on a pre-tax basis unless you have submitted an opt out form to have your health benefit deductions taken post-tax.

- If you are enrolling in your EMHP health benefits for the first time and you wish to “opt-out” of the health benefits contribution pre-tax deduction, you can do so during this Open Enrollment Period.
- If you are already enrolled in the EMHP health benefits and would like to change to a pre-tax deduction (at a savings to you by lowering certain payroll taxes), you can do so during this Open Enrollment Period.

Please be advised this change will be effective the first paycheck after January 1, 2025. Please contact Employee Benefits via email - ebu@suffolkcountyny.gov by November 15, 2024 to make this change.